

Decathlon

Northwest Athletic Association of Community College Men's Top Twenty Decathlon Records - 2010

TOP TWENTY INDIVIDUAL SCORES:

Rank	Athlete	Score	Year	City
1	David Lemen	7532	200	Clackamas** (National Record)
2	Dan O'Brien	7275	1988	Spokane
3	Dusty Lane	7008	1999	Spokane**
4	Tom Pappas	7003	1996	Lane**
5	Gabe Lemay	6832	2002	Lane**
6	Ben Logan	6796	1999	Lane**
7	Greg Turner	6784	1989	Spokane**
8	Brian Bartow	6772	2004	Lane**
9	Brent Wheeler	6769	1986	Highline
10	Bill Pappas	6742	1998	Lane**
11	Cody Fleming	6741	2004	Lane**
12	Rocky Simpson	6738	1997	Lane
13	Brian Bernard	6679	2004	Clackamas**
14	Keith Baker	6667	2003	Lane**
15	Sam Vandagriff	6636	2001	Chemeketa**
16	Philip Noble	6622	2009	Treasure Valley**
17	Collin Cram	6553	2007	Lane
18	Dave Christopher	6549	1989	Lane**
19	Kevin Godfrey	6544	2010	Lane**
20	Ryan Lang	6541	2003	Spokane**

EVENT RECORDS:

Event	Mark / Time	Athlete	Year	City
100	10.6	Dan O'Brien	1988	Spokane
	10.75**	Dusty Lane	1999	Spokane **
Long Jump	23-10	David Lemen	2000	Clackamas
Shot Put	45-01.75	Ricky Moody	2005	Highline
High Jump	6-08.75	Tim Marks	1999	Spokane
400	47.80**	Dusty Lane	1999	Spokane
110 HH	14.5	Steve Brown	1984	Bellevue
	14.78**	Dusty Lane	1999	Spokane
Discus	146-09	Cody Fleming	2004	Lane
Pole Vault	16-06.75	David Lemen	2000	Clackamas
Javelin	208-05	Octavious Gillespie	1999	Lane
1500	04:13.4	Eric Shamsud-Din	1986	Clackamas
Total Day 1	4009	Dan O'Brien	1988	Spokane
Total Day 2	3705	David Lemen	2000	Clackamas**
* = Score Based On Pre 1985 Scoring Tables			** = Score Based On Fat Times	