

Indoor Records

Community Colleges of Spokane Men's Track and Field Indoor Records

INDOOR RECORDS:

Event	Mark /Time	Athlete	Year
55M	6.41#	Deji Adebajo	2007
60M	6.81#	Deji Adebajo	2007
200M	21.65#	Deji Adebajo	2007
300M	36.5	Jerry Ralston	1979
400M	48.90#	Micah Ray	1990
500M	01:05.1	Bob Bundy	1979
600y	01:11.4	Dan Shannon	1983
600M	1:23.41#	Asiki Ayume	2003
800M	1:50.68#	Jesse Jorgensen	2012
1000y	02:12.2	Dale Hornung	1981
1000M	02:29.6	Peter Anthony	1982
	02:29.6	Chris Violette	1982
MILE	4:14.02#	Andrew Fuller	2009
3000M	8:24.70#	Shawn Beitlespacher	1998
2 MILE	09:11.8	Claude Neueschwander	1974
5000M	15:10.39#	Mark Currell	2006
55M HH	7.47#	Dusty Lane	1999
60M HH	8.08#	Dusty Lane	1999
300M IH	38.5	Roy Givens	1981
4x400M R	3:14.53#	M. Ray, M. Rangel, S. McGuire, C. McBride	1990
4x800M R	7:56.47#	J. Jorgensen, S. Wordell, N. Michel, J. Brown	2011
DMR	10:17.2	Klaus, Wilson, M. Maw, S. Holman	1974
4x1600M R	18:02.4	M. Maw, S. Holman, K. Brown, D. Ramsey	1984
Long Jump	23' 05.25"	Brian Merlett	1998
Triple Jump	50' 01.75"	Rashad Toussaint	2006
High Jump	7' 01.75"	Tim Marks	1999
Pole Vault	15' 05"	Eric Flemming	1990
	15' 05"	Vance Taylor	2006
Shot Put	53' 11.5"	Roy Martin	1977
Discus	174' 08"	Jason Dixon	2004
35# Weight	55' 6.25"	Jake Shanklin	2006
Javelin	194' 01"	Peter Voorhes	2006
Pentathlon	3078	Curtis Parrish	2001
Heptathlon	4359	John Kragt	2005